



What About It – Podcast

Getting comfortable with the uncomfortable

You decide. “Chime In Nation”

GRIT / WHAT ABOUT IT

What About It is a space for real conversations about the uncomfortable stuff everyone faces — the hard choices, the messy moments, the truths we avoid, and the growth that only comes from facing them instead of running from them.

Life doesn't come with scripts, and neither does this show. The conversations are honest, unscripted, and grounded in lived experience. We talk about the moments people usually clean up, gloss over, or keep to themselves, because that's where the learning actually happens.

Controversial conversations shape you. You learn more by leaning into discomfort than by going with the flow. Growth rarely shows up politely. It usually arrives as tension, friction, or doubt.

This isn't about telling you what to think or how to live. It's about opening honest conversations and giving you the space to decide what resonates in your own life and what doesn't.

You are trusted here. Your perspective matters. You decide.

No scripts. No filters. Just real talk about real life. Heads up — we may use cuss words. I'm told they're just sentence enhancers.

This show is for people who want to know they're not alone in uncomfortable moments. For people who value real stories over highlight reels. For people who want different perspectives, not one narrative.

It's for listeners who are willing to sit with discomfort long enough to learn something from it. For those who understand that growth doesn't come from being comfortable. It comes from being honest.

Truth over comfort. Integrity over optics. Growth through lived experience.

Kindness without weakness. Act with Kistâwin. (“Kiss-TAH-Win,”)

Listen in on Spotify and YouTube. Join the conversation on Facebook, LinkedIn, Instagram and whataboutit-podcast.com

Not easy. Worth it.

Hear it. Live it. Wear it.

Get comfortable with the uncomfortable.

GRIT Philosophy:

- Grit isn't force. It's presence.
- It's the decision to stay when leaving would be easier.
- It's listening to the whisper instead of chasing the noise.
- It's doing the work long after the applause fades.
- Grit isn't loud. It isn't performative. It isn't about pretending things don't hurt. It's about showing up anyway.
- Getting comfortable with the uncomfortable is the philosophy. GRIT is what it takes to live it.
- Not easy. Worth it.

Format:

- Real conversations
- Guest stories & lived experience
- No scripts, no filters
- Audience-first perspective

Orders & Inquiries:

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Chime in. You decide.



Hosted by Clement Letendre

Clement facilitates real conversations with people willing to talk about uncomfortable truths, lived experience, and growth without filters or scripts. Cusses a little — just sentence enhancers.

Co-Host fit:

People with real stories — not polished personas. If you've lived it, wrestled with it, or learned from it, you belong in the conversation.

GRIT - Merchandise



GRIT luggage tags included with orders over \$50. Also available separately.

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